

# Lee University LAST CHANCE

May 13, 2023

## **Contact Information:**

### **Meet Director**

Caleb Morgan

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**Entry Fee:** \$80 per athlete (\$800 per team). Unattached athletes will be allowed. **For entries to be accepted you must pay in advance.**

**Teams:** *We expect to have around 100 teams attending.*

**Spectators:** \$10 per person, children under 12 years old will be free.

**Entry Deadlines:** All entry deadlines will be posted on [www.directathletics.com](http://www.directathletics.com). Entry deadline will be Tuesday, May 9th at 1:00pm.

**Packet Pick-Up:** Packet pick-up will be located in the concession stand.

**Implement Weigh-In:** All implements must be weighed in before competition begins at the back of the javelin runway. Open times are 7:30am to 1:00pm Saturday. If you need more time please let me know. Implements not making weight will be impounded until the conclusion of the throwing events.

**Check-in:** All track athletes must check in 45 minutes before their race for hip numbers. Heats will not be assigned until Thursday evening. All Scratches must be made by then. For the field events you must check in 45 minutes before the scheduled start of the first flight. Check-in will be located by the jump runways

**Rules:** All NCAA rules will be followed at this meet.

**Facility:** All new in 2020: track has an 8 lane, 48 inch Beynon surface. The javelin, pole vault and jump runways are also Beynon. The hammer, discus, and shot all have their own throwing ring. Men's runway boards are 8ft, 32ft and 40ft. Women's runway boards are 8ft, 32ft and 40ft.

**Starting Heights:** Starting heights will be decided based on entries.

**Scoring:** No team scoring

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*We may run up to 15 minutes ahead of schedule.*

## FIELD EVENTS

TIME	EVENT
9:00am	Men's Hammer *women to follow
9:00am	Women's Shot Put *men to follow
10:00am	Women's Pole Vault *men to follow
10:00am	Men's High Jump *women to follow
11:00am	Women's Long Jump* men to follow (raised runway) Women's Triple to follow Men's LJ
1:15pm	Men's Triple (Men runway at throws field)
3:15pm	Men's Discus *women to follow
7:00pm	Men's Javelin *women to follow

## RUNNING EVENTS

8:30am	5000 Meter Run (WOMEN) Section 2
8:55am	5000 Meter Run (Men) Section 3
11:45am	4x100 Meter Relay (WOMEN) FINALS
11:55am	4x100 Meter Relay (MEN) FINALS
12:10pm	100 Meter Hurdles (WOMEN) FINALS
12:20pm	110 Meter Hurdles (MEN) FINALS
12:35pm	100 Meter Dash (WOMEN) PRELIM (Top 8 to final)
12:55pm	100 Meter Dash (MEN) PRELIM (Top 16 bye to semi, 17-32 qualify for semi)
1:25pm	400 Meter Dash (WOMEN) FINALS
1:45pm	400 Meter Dash (MEN) FINALS
2:10pm	100 Meter Dash (MEN) Semi-Finals (top 8 to final)
2:25pm	400 Meter Hurdles (WOMEN) FINALS
2:35pm	400 Meter Hurdles (MEN) FINALS
2:55pm	100 Meter Dash (WOMEN) FINAL
3:00pm	100 Meter Dash (MEN) FINAL
3:05pm	800 Meter Run (WOMEN) Sections 3 and 4
3:20pm	800 Meter Run (MEN) Sections 3, 4, 5, and 6
3:45pm	200 Meter Dash (WOMEN) FINALS
4:05pm	200 Meter Dash (MEN) FINALS
4:40pm	800 Meter Run (Women) Sections 1 & 2 (Seed times of 1:48 to 1:52.18)
4:50pm	800 Meter Run (Men) Sections 1 & 2 (Seed times of 2:04 to 2:16.68)
*****45 minute break*****	
5:45pm	1500m Meter Run (Women) Sections 2 and 3
6:10pm	1500m Meter Run (Men) Sections 3 and 4
6:35pm	4x400 Meter Relay (Women) FINALS
6:45pm	4x400 Meter Relay (Men) FINALS
7:10pm	3000 Meter Steeplechase (Women) FINALS
7:25pm	3000 Meter Steeplechase (Men) FINALS
7:40pm	1500 Meter Run (Women) Fastest Section 1 (Seed times of 4:18 to 4:39.96)
7:50pm	1500 Meter Run (Men) Section 2 (Seed times of 3:49.19 to 3:54.45)
7:55pm	1500 Meter Run (Men) Fastest section 1 (Seed times of 3:41 to 3:48.51)
8:05pm	5000 Meter Run (Women) Fastest Section 1 (Seed times of 16:06 to 17:55.83)
8:30pm	5000 Meter Run (Men) Section 2 (Seed times of 14:40 to 15:07.59)
8:50pm	5000m Meter Run (Men) Fastest Section 1 (Seed times of 13:47 to 14:34.97)
9:10pm	10000 Meter Run (Women) FINALS
10:00pm	10000 Meter Run (Men) FINALS