

Lee University LAST CHANCE

Presented by Jones Management Services

May 11th, 2024

Contact Information:

Meet Director

Caleb Morgan

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Entry Fee: \$85 per entry (\$850 per team). Unattached athletes will be allowed. **For entries to be accepted you must pay in advance.**

Teams: *We expect to have around 110 teams attending.*

Entry Deadlines: All entry deadlines will be posted on www.directathletics.com. Entry deadline will be Tuesday, May 7th at 5:00pm.

Packet Pick-Up: Packet pick-up will be located in the concession stand.

Implement Weigh-In: All implements must be weighed in before competition begins at the back of the javelin runway. Implements not making weight will be impounded until the conclusion of the throwing events.

Check-in: All track athletes must check in 45 minutes before their race for hip numbers. Heats will not be assigned until Thursday evening. All Scratches must be made by then. For the field events you must check in 45 minutes before the scheduled start of the first flight. Check-in will be located by the jump runways

Rules: **USATF SANCTIONED** - All NCAA rules will be followed at this meet.

Facility: track has an 8 lane, 48-inch Beynon surface. The javelin, pole vault and jump runways are also Beynon. The hammer, discus, and shot all have their own throwing ring. Men's runway boards are 8ft, 32ft and 40ft. Women's runway boards are 8ft, 32ft and 40ft. **New Raised Runway**

Starting Heights: Starting heights will be decided based on entries.

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We may run up to 15 minutes ahead of schedule.

FIELD EVENTS

- 8:30am Men's Hammer *women to follow
- 10:00am Women's Pole Vault *men to follow
- 10:00am Men's High Jump *women to follow
- 11:00am Women's Shot Put *men to follow
- 10:30am Women's Long Jump* men to follow (raised runway)
- 12:30pm Men's Triple (runway at throws field)
- 1:30pm Men's Long Jump (raised runway)
- 3:00pm Women's Triple Jump (raised runway)
- 2:15pm Men's Javelin *women to follow
- 5:30pm Men's Discus *women to follow

RUNNING EVENTS

- 12:00pm 4x100 Meter Relay (WOMEN) FINALS
- 12:10pm 4x100 Meter Relay (MEN) FINALS
- 12:30pm 100 Meter Hurdles (WOMEN) FINALS
- 12:45pm 110 Meter Hurdles (MEN) FINALS
- 1:00pm 100 Meter Dash (WOMEN) PRELIM (Top 8 to final)
- 1:10pm 100 Meter Dash (MEN) PRELIM (Top 16 bye to semi, 17-32 qualify for semi)
- 1:30pm 400 Meter Dash (WOMEN) FINALS
- 1:40pm 400 Meter Dash (MEN) FINALS
- 2:05pm 100 Meter Dash (MEN) Semi-Finals (top 8 to final)
- 2:15pm 400 Meter Hurdles (WOMEN) FINALS
- 2:35pm 400 Meter Hurdles (MEN) FINALS
- 2:50pm 100 Meter Dash (WOMEN) FINAL
- 2:55pm 100 Meter Dash (MEN) FINAL
- 3:10pm 800 Meter Run (WOMEN) (Heat 1 paced for 2:05-2:06)
- 3:30pm 800 Meter Run (MEN) (Heat 1 paced for 1:46-47)
- 4:00pm 200 Meter Dash (WOMEN) FINALS
- 4:15pm 200 Meter Dash (MEN) FINALS
- 4:45pm 5000 Meter Run (Women) Heat 2
- 5:05pm 5000 Meter Run (Men) Heat 2 and 3
- 5:45pm 4x400 Meter Relay (Women) FINALS
- 6:00pm 4x400 Meter Relay (Men) FINALS
- 6:20pm 3000 Meter Steeplechase (Women) FINALS
- 6:35pm 3000 Meter Steeplechase (Men) FINALS
- 7:05pm 1500 Meter Run (Women) Heat 1 paced for 2:18-19 at 800m (Lee)
- 7:20pm 1500 Meter Run (Men) Heat 1 - 1:56-57 at 800m (New Balance) Heat 2 - 2:01-02 at 800m (Lee)
- 7:45pm 5000m Run (Women) Paced for 16:10 through 3k (Furman)
- 8:05pm 5000m Run (Men) Paced for 13:55 through 3k (Furman)
- 8:25pm 10,000m (Women) Fast Section – paced for 34:50 (Lee)
- 9:10pm 10,000m Run (MEN) Paced for 29:15 through 6-7k (New Balance)