

Lee University – Last Chance

May 9th, 2026

Contact Information

Meet Director

Caleb Morgan

cmorgan@leeuniversity.edu

Teams: *We expect to have around 80 teams attending.*

NEW THIS YEAR - All distance events will utilize WaveLight pacing technology. Below are the projected pacing targets for each heat.

Spectators: \$10 per person, children under 12 years old will be free.

Entry fee and deadlines: \$100 an athlete - \$1200 per gender. All entry deadlines will be posted on www.directathletics.com. Entry deadline will be Tuesday, May 5th - 2:00pm ET.

Implement Weigh-In: All implements must be weighed in before the competition begins. Implements not making weight will be impounded until the conclusion of the throwing events.

Check-in: All track athletes must check in 45 minutes before their race for hip numbers. Heats will not be assigned until Wednesday morning. All Scratches must be made by then.

For the field events you must check in 45 minutes before the scheduled start of the first flight. Check-in will be located by the jump runways

Rules: **USATF SANCTIONED EVENT** - All NCAA rules will be followed at this meet.

Facility: 48 inch Beynon surface. The javelin, pole vault and jump runways are also Beynon. The hammer, discus, and shot all have their own throwing ring. Men's runway boards are 8ft, 32ft and 40ft. Women's runway boards are 8ft, 32ft and 40ft. **NEW take off boards for long jump added for 2026.**

Athletic Trainers: We will have a tent on the infield with trainers and ice, please bring your own tape as we will not be using our own tape on other team's athletes.

Spikes: Maximum spike length will be ¼-inch pyramids. Judges and clerks will be checking shoes at check-in for each event. Athletes will be disqualified for illegal spikes.

**Last Chance INVITATIONAL
Schedule**

Saturday FIELD

9:30am: Men's Hammer *women to follow
11:00am: Men's High Jump *women to follow
12:00pm: Women's Long Jump* men to follow
12:30pm: Women's Shot Put *men to follow
1:00pm: Men's Javelin *women to follow
3:00pm: Women's Pole Vault *men to follow
3:30pm: Women's Triple Jump* Men's Triple
4:00pm: Men's Discus *women to follow

Saturday TRACK

2:30pm: 4x100 Meter Relay (WOMEN) FINALS
2:35pm: 4x100 Meter Relay (MEN) FINALS
2:45pm: 100 Meter Hurdles (WOMEN) FINALS
2:55pm: 110 Meter Hurdles (MEN) FINALS
3:10pm: 100 Meter Dash (WOMEN) PRELIM (Top 8 to final)
3:20pm: 100 Meter Dash (MEN) PRELIM (Top 8 to final)
3:40pm: 400 Meter Dash (WOMEN) FINALS
3:45pm: 400 Meter Dash (MEN) FINALS
4:05pm: 400 Meter Hurdles (WOMEN) FINALS
4:15pm: 400 Meter Hurdles (MEN) FINALS
4:25pm: 100 Meter Dash (WOMEN) FINAL
4:30pm: 100 Meter Dash (MEN) FINAL
4:35pm: 800 Meter Run (WOMEN)
4:50pm: 800 Meter Run (MEN)
5:10pm: 200 Meter Dash (WOMEN) FINALS
5:25pm: 200 Meter Dash (MEN) FINALS
5:40pm: 5000 Meter Run (Men) Section 1
6:05pm: 4x400 Meter Relay (Women) FINALS
6:10pm: 4x400 Meter Relay (Men) FINALS break
7:00pm: 3000 Meter Steeplechase (Women) FINALS
7:15pm: 3000 Meter Steeplechase (Men) FINALS
7:50pm: 1500 Meter Run (Women)
8:00pm: 1500 Meter Run (Men)
8:40pm: 5,000m Run (WOMEN)
9:00pm: 5,000m Run (MEN) Fastest section
9:20pm: 10000m Run (WOMEN)
10:00pm: 10000m Run (Men)